



Therapy in Praxis

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THERAPY IN PRAXIS

The Listening Programme®



Does your child find it difficult to concentrate in the classroom or find reading, writing and retaining information to be a challenge? They may have already had a hearing test and been found to have normal hearing?

Many children with underpinning auditory and sensory processing issues have challenges in the following areas: The Listening Programme® is a music listening therapy designed to improve listening, learning and other areas.

- Poor auditory sequential memory
- Trouble with auditory discrimination skills
- Poor concentration and attention skills
- Finding some sounds uncomfortable or painful
- Misunderstanding spoken information, directions or questions
- Challenges listening in background noise
- Needing to have directions or information repeated
- Disrupted sleep patterns and emotional problems
- Difficulties with math concepts
- Poor balance, coordination and motor skills
- Continence problems

Developed by Advanced Brain Technologies, The Listening Programme® is a music-based auditory stimulation method that “trains the brain” to help improve the auditory skills needed to effectively listen, learn and communicate, according to company information. TLP® offers classical music by Bach, Vivaldi, Mozart, Corelli and others mixed with nature sounds intended to aid in spatial awareness and listening training. Advanced Brain Technologies state the programme is particularly effective for improving auditory processing problems including short-term auditory memory and effective listening with background noise.

The programme is primarily for home use and for implementation in facilities such as schools and clinics. The Listening Programme’s® core programme is typically administered five days per week for 15 to 30 minutes each day.

The package offered by Therapy In Praxis includes pre- and post-testing, program hardware, [CDs or i-Listen - Original or Nature], The Listening Program Approved Audio Headphones and materials, a consultation with a certified provider, monitoring and a follow-up report with recommendations.

The TLP Waves Multi-Sensory Audio System combined with TLP Level One provides an engaging experience to integrate the whole body and brain in the listening process. This



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multi-sensory approach accelerates and expands the benefits of The Listening Program.

Bone conduction presents the music simultaneously through two different sound conduction pathways, air and bone. It provides a direct, clear transmission of sound to the cochlea and vestibular systems in the inner ear, adding subtle vibration of the skin and skeletal system.