



## Therapy in Praxis

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### **THERAPY IN PRAXIS**

#### **The Role of the Physiotherapist**

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##### **...developing abilities for all children with needs**

Therapy in Praxis aims to support the team around the child. We recognise just how important it is for a child to experience success and for the well-being of the family and support system to be able to see measurable changes in every area of the child's life.

We have found this comprehensive approach leads to lasting results not only in a therapeutic setting but also in the child's natural 'teaching' environments, home, school and community.

##### **The Physiotherapist**

Physiotherapy is the treatment of any childhood condition, acute or chronic, by physical intervention that may marginalise physical development and therefore interfere with a child's functional development for living and learning.

Physiotherapists are involved with the physical development of a child and how this influences academic, cognitive social and emotional development.

Referral may be initiated as a result of:

- delay in normal developmental milestones
- difficulties with physical activities including PE, balance, visual-motor and ball skills
- poor postural integrity
- problems gait [walking pattern] requiring analysis
- imbalance in muscle tone
- muscle weakness – strength and stability

##### **The Role of the Physiotherapist**

Our highly skilled physiotherapists provide tailored physiotherapy assessment and treatment programmes for children and young people with a diverse range of presentations, having cerebral palsy, acquired brain injury and complex disabilities and Neurodisability.

Using sound clinical knowledge on movement, neurology and how the nervous system works and promoting ways of learning the physiotherapist works closely with the child and team around the

The Physiotherapist will carry out a comprehensive assessment to establish a child or young person's baseline functional level and to ascertain whether their performance falls at an age appropriate level and with the quality expected.