



Bobath Therapy is a neurodevelopmental therapy technique used to treat Cerebral Palsy and other neurological conditions. It was developed by Mrs Bertha Bobath in the 1940's and has been evolving since then.

The Bobath Concept is based on an understanding that a lesion of the brain (in pregnancy, delivery, and the neo natal period and during the first eighteen months) causes impedance to the normal maturation of the brain impeding and in some cases arresting its development in some or all areas. This results in abnormal patterns of posture and movement due to abnormal postural tone.

The brain, however, is quite plastic. Using specialist handling techniques developed with Bobath Therapy Clinicians it is possible to facilitate and help the child with a neuro-disability to normalise their abnormal tone and develop more normal patterns of posture and movement thereby enabling the child in developing functional skills that will enhance their global development.

The Bobath accredited therapists will assess the child presenting with a Cerebral Palsy or neurological impairment using their knowledge and experience of how this impairment is impacting on the child's functional fine and gross motor development and mobility.

During this assessment the multi-disciplinary team of therapists will consider any associated problems that the child with Cerebral Palsy often presents with. For example, visual, auditory, sensory anomalies, speech and communication complexities, sensory and feeding issues – all of which can impact on not only motor development but also social, emotional and learning development.

Bobath Therapy is a multi-disciplinary approach to assessment and treatment delivered through play and fun activities. The facilities and the team available at Therapy in Praxis strive to deliver positive outcomes for the child. The child is motivated to achieve their individual goals whilst having fun and participating in a meaningful and purposeful activities.

For More Details Please Call: **01904 468855**

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